

The following are the Government of Saskatchewan Guidelines for Group Activities. The Riversdale Athletics Return to Track Plan has incorporated all relevant guidelines into the plan.

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Group Activities

Effective June 22, 2020, sports and recreational activities for children and adults may resume in the first part of Phase 4 of Re-Open Saskatchewan. This would include activities taking place on soccer fields, volleyball and basketball courts, baseball diamonds, lawn bowling greens and football fields. Full contacts sports, such as tackle football, rugby, wrestling, boxing, martial arts, and ball and field hockey with checking, will not be permitted at this time.

Operators must implement measures to prevent the transmission of COVID-19. Each sports organization and/or facility must establish a plan for how to minimize physical contact and the risk of COVID-19 transmission between participants. This guidance is not intended to apply to professional sports teams with COVID-19 response plans.

Guidelines for General Operation

- ✓ Group size/team gatherings must adhere to the maximum gathering limits per the public health order.
- ✓ At this time, teams are encouraged to train, practice and play/scrimmage within the team. Further information about competitions will be released in a future update to Re-Open Saskatchewan.
- ✓ Tournaments and inter-provincial travel for games and competitions are prohibited.
- ✓ Where possible, physical distancing should be observed, with a minimum of two metres of space between individuals.
- ✓ Areas where people naturally gather (e.g. team benches, bleachers) must be set up and used in a way that follows physical distancing requirements (i.e. only allow every other row in bleachers, use visual cues).
- ✓ Pylons or other markers should be used to define the group space.
- ✓ Schedules should be staggered to promote physical distancing and allow for adequate cleaning and disinfection between use.
- ✓ Staff and participants should be given information on physical distancing and other requirements prior to attending. Staff should discourage people gathering.
- ✓ Signage must be posted to caution players about the risks of COVID-19.
- ✓ Chewing tobacco, sunflower seeds, spitting, sharing beverage containers and other similar behaviours increase the risk of COVID-19 transmission and are not permitted.
- ✓ Congratulatory gestures, such as high fives and handshakes, are not permitted.

- ✓ Try to minimize cheering and whistling as much as possible to limit the spread of COVID-19.
- ✓ Request minimal spectator attendance at events, and physical distancing must be maintained.
- ✓ Trash containers must be emptied regularly – a minimum of once per day.
- ✓ No fundraising (e.g. 50/50 or fundraising events) are permitted unless contactless methods can be used.
- ✓ Members who are sick or symptomatic must not enter/participate. Participants, spectators and volunteers should use the Government of Saskatchewan's [online self-assessment tool](#) to help determine if the illness may be COVID-19. The tool provides people with next steps depending on their responses.
- ✓ Shared equipment must be cleaned and disinfected frequently.
- ✓ Hand hygiene should be performed prior to play and contacting shared equipment through the duration of the activity, when possible (i.e. intermissions, breaks), as well as at the end of the activity.
- ✓ Where possible, participants should supply their own equipment.
- ✓ All frequently touched surfaces should be cleaned and disinfected prior to a new group being provided access to field space, including benches, dugouts, bleachers, railings, picnic areas, gates, etc.
- ✓ Washrooms may be open, but increased cleaning and disinfection must take place. Handwashing facilities (soap and water or an alcohol-based hand sanitizer approved by Health Canada) must be provided.
- ✓ Food and beverage services are permitted subject to the [Restaurant and Licensed Establishments Guidelines](#).
- ✓ Locker rooms must be closed. Players can change footwear in the parking lot.
- ✓ Close drinking fountains. Water bottle filling stations are acceptable if appropriately and frequently sanitized. Participants must bring their own water bottles and not share with other participants.
- ✓ Registration should be completed online whenever possible. However, if in-person registration is required, physical distancing and sanitizing pens between uses is required.
- ✓ Contactless payment is preferred; however, cash may be accepted where necessary.
- ✓ If a person becomes sick, they should immediately stop participating and return home